



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

# University of Ottawa Heart Institute wants to help you quit smoking!

We are conducting a study to observe quit smoking medications and quit rates among smokers.

## We are looking for people who are:

- Smokers who smoke 10 cigarettes or more per day
- Aged 18 years or older
- Willing to try to quit smoking
- Willing to be a part of our study for 12 months



## For participating in the study you will be asked to:

- Take one of the following quit smoking medications:
  - Varenicline (Champix ®)
  - Nicotine Patch
  - Nicotine Patch combined with gum or the inhaler
- Come to the UOHI for brief quit-smoking counselling sessions



To see if you qualify for this study, please call  
**613-761-4952**

This research study has been approved by the University of Ottawa Heart Institute (UOHI) Human Research Ethics Board (HREB)



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# Ready to Quit Smoking? We Can Help!

Researchers at the University of Ottawa Heart Institute are seeking participants for a clinical research study that may help them quit smoking

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